

PLAYDOUGH

Building Language Through Play

Simple play. Big impact. ❤️ Every time you play together, you're building your child's language!



BUILD UNDERSTANDING

Follow simple directions.

- ✓ Roll it.
- ✓ Make a ball.
- ✓ Cut it.
- ✓ Put it in.
- ✓ Find the cookie cutter.
- ✓ Give me the blue one.



Start with 1 step.
Then try 2–3 steps!



BUILD TALKING

Talk about what you're doing.

Action Words

roll	squish	cut
push	squeeze	stretch

Describing Words

big	little	soft
long	sticky	



EXPAND THEIR WORDS

Add a little more!



Child: "Ball."
You: "Big ball!"



Child: "Snake."
You: "Long snake!"



Celebrate every attempt to communicate!



Take turns. Let your child Choose.
Pretend and have fun!

You don't need perfect words—
just meaningful interaction.



How to Make Playdough

Soft, smooth, and long-lasting homemade playdough!

Ingredients:



2 cups
all-purpose flour



3/4 cup
salt



4 teaspoons
cream of tartar



2 cups
lukewarm water



2 tablespoons
vegetable oil
(coconut oil works too)



Food coloring
(any colors you like!)

Directions:

1



In a large saucepan, whisk together the flour, salt, and cream of tartar.

2



Add the lukewarm water and vegetable oil. Stir until well combined and smooth (no dry lumps).

3



Place the saucepan over medium heat, stirring constantly.

4



Keep stirring! The mixture will thicken and start to pull away from the sides of the pan. This takes about 3–5 minutes.

5



When it looks like a soft dough and is less sticky, remove from heat.

6



Let the dough cool for a few minutes, then divide it into portions (one for each color).

7



Knead in a few drops of food coloring. Keep adding a little at a time until you reach your desired color.

8



Repeat for each color. Now it's ready to play!

Play Tips:

- ♥ Let the dough cool before kneading.
- ♥ Use more or less food coloring for lighter or darker colors.
- ♥ Store in airtight containers to keep it soft.
- ♥ If the dough feels a little sticky, knead in a tiny bit of extra flour.
- ♥ If it starts to dry out, knead in a few drops of water or a little oil.



How to Store:



- ✓ Store in an airtight container or resealable plastic bag.
- ✓ Keep at room temperature (no need to refrigerate).
- ✓ It will stay soft and usable for 2–3 weeks.
- ✓ If it starts to dry out, knead in a few drops of water or a little vegetable oil.

★ **Enjoy Creating!**

